



Schedule

Theory – Friday 25th June - 6pm to 9.30pm

- 6:00pm to 6:30pm – Introduction and Methods – Lecture
- 6.30pm to 7:15pm – Planning a practice – Lecture
- 7.15pm to 7:30pm – Break
- 7.30pm to 8:30pm – Management – Lecture/Video
- 8.30pm to 9:30pm – Injuries and First Aid
- 9.30pm - Close

Teaching Technique – Saturday 26th June - 9am to 6.30pm

- 9:00am to 10:00am – Passing & Receiving Field
- 10:00am to 11:00am – Dribbling – Field
- 11:00am to 12:00pm – Running with the Ball – Field
- 12:00pm to 1:00pm – Lunch
- 1:00pm to 2:00pm - Goalkeeping – Field
- 2:00pm to 3:00pm – Shooting - Field
- 3:00pm to 3:45pm – Defending (Tackling) – Field
- 3:45pm to 4:00pm - Break
- 4:00pm to 5:00pm – Theory of Tactics – Lecture/DVD
- 5:00pm to 5:30pm – **Small Sided Games – Lecture/DVD**
- 5:30pm to 6:30pm – **Systems of Play – Lecture**
- 6:30pm - **Practice Teaching Topics given out**

Teaching Tactical – Sunday 27th June – 9am to 5pm

- 9am to 10:00am – Heading - Field
- 10:00am to 11.30am – **Small Sided Games – Field**
- 11:30am to 11.45am - Break
- 11.45am to 1:00pm – **1v1, 1v2, 2v2, 3v2 – Field**
- 1:00pm to 1:45pm – **4v4, 6v6, 8v8 – Field**
- 1:45pm to 2.30pm – Lunch
- 2:30pm to 6:00pm – **Practice Teaching – Field**
- 6:00pm – Close

Coaches can register for Regional, Advanced Regional or Advanced Regional Supplement

The Advanced Supplement coaches units are marked out in red

Coaches that hold there Regional will need to be mail in a copy with there application